

REVISED TIMINGS FOR 1.6 KM RUN : PHYSICAL PROFICIENCY TEST (PFT)
EFFECTIVE FROM 01 APR 2017

1. Revised timings for 1.6 Km Run for **all categories - Sol GD, Sol Tdn, Sol Clk/ SKT/IM, Sol Tech, Sol NA / NA (VET), Hav Edn, Hav Svy Auto Carto, JCO Catering and RT JCO** will be conducted as per laid down timings under two gps and marks allotted for each gp is given as under :-

S.No	Cat	Timings	Gp	Marks
(a)	All Cat	(a) Upto 05 Mins 30 Secs	Gp - I	60 Marks
(b)		(b) From 05 Mins 31 Secs to 05 Mins 45 Secs	Gp - II	48 Marks
(c)	<u>Provisions for Extra Time for 1.6 km run in Hilly Terrain Areas.</u> Conduct of 1.6 km run test in the Hilly Terrain Areas will be as under :- (i) Upto 5000 Ft as above. (ii) Between 5000 Ft to 9000 Ft - Add 30 Secs. (iii) Between 9000 Ft to 12000 Ft – Add 120 Secs.			

2. The policy will be implemented for all recruitment rallies scheduled for **Rtg yr 2017-18** (i.e **wef 01 Apr 2017**). The policy would be applicable for all future cat which are under consideration as well.